

Can You Get Your Boat Home?



Sunshine Wilde is offering a **free instructional evening for women only**. Sunshine is a passionate sailor with decades of experience including five years offshore. She was a certified instructor with the International Power and Sail Academy and enjoyed many years working with couples as they prepared for their offshore journeys. Her boat **Heartbeat** is the third boat she has maintained and skippered on her own.

This will be the first of several instructional sessions based on feedback from the participants. Sunshine has seen many previously fearful women grow to love boating as they become more competent. Being a qualified passenger also gives the Skipper a sense of support, a chance to take care of other duties on the boat or have a relaxing break.

The first evening will include:

- ~How to get home safely
- ~Starting the engine
- ~Using the VHF radio
- ~Man overboard procedures
- ~An overview of basic mechanics
- ~An overview of basic safety equipment
- ~Checklists

Tuesday, March 13th, 7:00 – 9:00
Salt Spring Island Sailing Club

For questions or to register please contact:

Laura Dafoe: contact information in yearbook

Sunshine Wilde: contact information in yearbook

OR Wendy Vine: events@saltspringsailing.ca

